Rep on basement shelf

"Jessie Jackson Could Be The Balance Between The East & West"

The Tacoma Facts

Bridging The Communication Gap With Christ

The Tacoma Facts 1401 So.11 Street. Tacoma Facts, Vol. 16 # 59, Jan.5-11, 1984 (627-5862) OR 627-1313. 25 cent value

"A Giant Step Toward Peace"

Much controversy has stemmed from Jackson's recent mission to Syria which freed Lt. Robert O. Goodman, Jr.

According to some sources, the success of his trip has helped to reshape Jackson's image in foreign policy which was previously considered his weak point.

Further evidence of Jacksons' growing popularity was demonstrated during Walter Mondale's visit in Little Rock, Arkansas late Tuesday where he ran into some mild hecklers who support Jackson. The group carried poster size pictures of Rev. Jackson and Syrian President Assad while they chanted, "We Want Jackson".

Earlier Tuesday when Mondale addressed a luncheon at The National Press Club, he was asked if he would now consider Jackson as his vice presidential running mate. Mondale replied, " I'm not in the position yet of selecting a Vice President

Robert P. Paganelli, the U.S. Ambassador to Syria, gave Jackson credit for his private mission. "I'm sure it helped," Paganelli told reporters Tuesday, "Rev. Jackson has a great deal of respect in this part of the world."

Paganelli had worked behind the scenes for more than a month to free Goodman without any success.

Donald Rumsfeld, a former White House chief of staff and Defense secretary under Gerald Ford, was selected as prime man to cool the Mideast crisis. Although Rumsfeld was the Middle East trouble-shooter he refused to say whether he negotiated for Goodman's release. Syrian diplomats said he failed to mention the Black American Pilot.

Rev. Jesse Jackson referred to Rumsfeld conduct as "shocking and embarrassing," and said this was the main reason for his interception.

Nonetheless, Goodman and the Rev. Jackson were the men of the hour. Goodman declared, "I'm not a hero." "I'm a naval officer and the fact that I'm sitting here is just fate."

Supporters say Jackson is strong where other presidential hopefuls are weak in grasping Third World issues.

After 20 years as a civil rights leader, Jackson's expertise in managing people during crisis and promoting unity may land him the Presidential seat. Thus, opening avenues of entry into politics never available to qualified blacks.

JACKSON: Jesse Jackson shored up his weakest link, foreign policy, by winning the release of the captured flier.

GOODMAN: Never one for a lot of bravado.

"I'M SURE IT HELPED," PAGANELLI TOLD REPORTERS. "REV. JACKSON HAS A GREAT DEAL OF RESPECT IN THIS PART OF THE WORLD."

Spellman Proclaims Jan. As March Of Dimes Month

Governor John Spellman, in a statement released today, proclaimed January, 1984, as MARCH OF DIMES MONTH in the State of Washington.

The Governor urged all residents of the state to give generous support to the March of Dimes campaign and praised volunteer workers throughout the state for helping to ensure a healthy beginning for each child.

The Governor said, "The March of Dimes Birth Defects Center at the University of Washington has achieved world-wide recognition for its research in birth defects prevention and treatment. Its education programs for doctors, nurses, and teachers serve all of the Pacific Northwest.

"Last year in Washington State, over 1,400 infants were born with a serious birth defect. Birth defects are implicated in half the deaths of preschool children and are responsible for almost two-fifths of the deaths of elementary school-age youngsters.

"The March of Dimes wants to bring an end to that kind of tragedy, " the Governor said.

The Mothers' March began 34 years ago, to help combat polio. It continues as a major fund raising activity for the March of Dimes, after the transition from polio to birth defects. Today, Mothers' Marches are held every January. Volunteer workers in all of the state's 39 counties conduct the March of Dimes campaign.

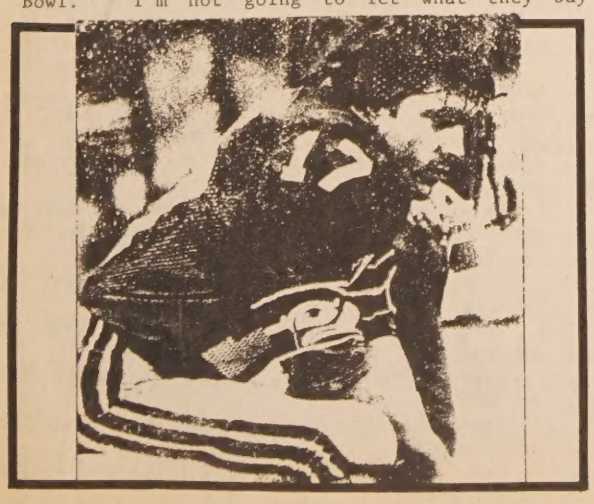
Sitting On Top Of The World

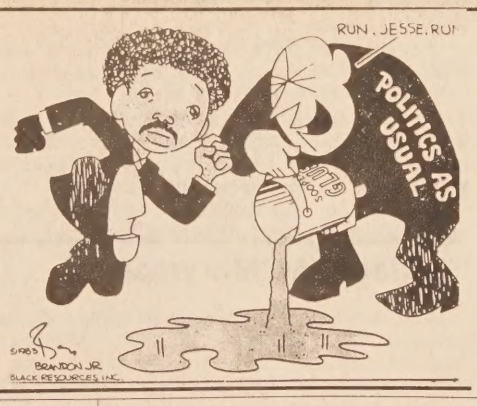
The Seahawks were in a tight spot back in October. They were headed for their fourth defeat and four games behind Los Angeles in the American Conference West.

Dave Krieg started the line up as the Seattle quarterback replacing Jim Zorn. He led the Seahawks to a 5-3 win.

Since then Krieg has led two wins against the Raiders, play-off victories against Denver and Miami, and a chance to meet the Raiders a third time for a championship win.

Quarterback Krieg signed with the Seahawks in 1980 as a free agent out of Milton, Wisconsin College. He became starting quarterback October 30th and is only a game away from the Super Bowl. "I'm not going to let what they say or what they do intimidate me in anyway, I just concentrate on what I have to do, hand the ball off here, hand it off there, throw it here, throw it there," Kreig said.





Seahawks

On the opposite side of the field, Los Angeles outside linebacker, Ron Martin will start in the Pro Bowl.

Only a few years ago Martin was a reject. He was cut from the Oakland raiders and the San Francisco 49ers. Finally Martin was claimed by the Raiders and made headlines with his three interceptions in the Raiders 27-10 victory against Philadelphia in Super Bowl XV . Martin said this team is a stronger team than 1980.

Martin's track record reflects five years of consistency. "I think I had another all pro-caliber year. I've been consistent for five years, and I'm finally getting some recognition", said Martin.

Sundays' game will settle the score. Then and only then will the story be told.

Housebuilding & Remodelling Courses

The Northwest Owner Builder Center, a self-supporting, non-profit educational organization, will be offering quarter long courses for beginners in Seattle, Everett, Tacoma, and Bellevue on the subjects of new HOUSEBUILDING and REMODELING.

Classes begin January 14. Pre-registration is required, and the tuition structure includes textbooks, handout materials and the use of tools and building materials. Discounts are available for early registrations.

For a complete brochure with course and worksession descriptions and schedule, call the Northwest Owner Builder Center in Seattle, or write: NWOBC, 1139 34th Avenue, Seattle, WA 98122.

The '83 Image Awards

HOLLYWOOD -- Most television viewers known Aaron Spelling best for his successful television productions: "Dynasty," "The Love Boat," "Hotel" and "Mat Houston." What many might not be aware of, also, is that he has a very big heart.

The recognition of Mr. Spelling's humanitarian spirit provided a high point for the NAACP's 16th Annual Image Awards program that was held recently in Hollywood's Paladium Theater. He received the first special "Humanitarian Award" for contributing $100,000 to Derrick Gordon of Los Angeles for a heart transplant operation.

Los Angeles Mayor Tom Bradley presented the award to Mr. Spelling. Mr. Gordon was on hand to thank his life saver personally. That was the first time the two had an opportunity to exchange words. Mr. Spelling heard of the other man's plight through a radio appeal by Mr. Gordon's family for financial assistance.

The 1983 Image Awards program, sponsored by the NAACP Beverly Hills-Hollywood branch, included recognitions for entertainment excellence or uniqueness as well as for other outstanding contributions by individuals to society.

Mrs. Coretta Scott King, widow of the late Martin Luther King, Jr., received the Steve Wonder "Key of Life" award for her successful leadership of the long struggle to get Congress to designate Martin Luther King's birthday a national holiday in January. This award was presented by Mrs. Rosa Parks, who sparked the year-long boycott in 1955 by blacks in Montgomery, Ala., to protest segregation on public transportation. It was the leadership of this protracted protest by Dr. King that projected the young minister into the national limelight.

A third special award was presented to Lt. Col. Guinon S. Bluford, the first black astronaut to orbit the earth.

In another category, Micheal Jackson was awarded the "Entertainer of the Decade" award for his album, "Thriller." This record has the distinction of being the bestseller in the history of CBS Records. Four singles in his album became "gold" singles on the charts, a rarity.

Dr. King Birthday Celebration

The Martin Luther King Progressive Women's club will present a Birthday Celebration honoring the late Dr. King, at Allen A.M.E. Church, 1415 So. Yakima, Tacoma, Washington.

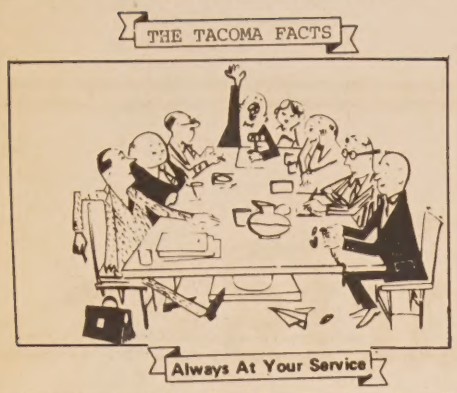
The Rev. Dr. Moses Harris of Trinity Missionary Baptist Church will be the guest speaker.

Music includes the Allen A.M.E. Gospel Chorus. The date and time is Jan.8,1984,7:p.m.

Deadline For Loans For Housing

Persons hoping to obtain lower-interest loans through the Washington Housing Finance Commission program have from January 4 to 17 to make initial application with a participating lending institution, the COmmission announced today.

A list of local lenders participating in the program, which will offer 11.18%, 30-year, fixed-rate mortgages to first-time homebuyers with only a 5% down payment, can be obtained by calling the Kislak Corporation in Seattle, 1-800-432-3202.



The Tacoma Facts welcomes all views from readers and letters should be kept as brief as possible or a subject of condensation.

Deadline for new articles is Wednesday noon, and classified advertising Tuesday 5 p.m. Black and white photos ONLY and all copies should be typed or printed.

Free notary services are also available at the Facts.

The Tacoma Facts is published weekly by H.T.C.O.G.I.C. publications, President and Publisher, Bishop D. L. Brooks. Editor Rosa Brooks, Asst. Editor/Reporter-Millie Garmon

Holy Trinity Mission
C.O.G.I.C.
627-1313
627-5862
Christian Youth Center
SUPPORT YOUR LOCAL CHRISTIAN YOUTH CENTER, VIDEO GAMES POOL, ETC, WATCH FOR DATES OF MOVIES
1313 SOUTH "J" ST

Tacoma General Presents Film

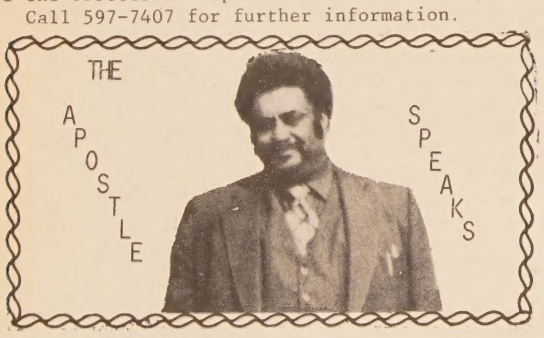
In conjunction with "March of Dimes Week" Tacoma General Hospital's Perinatal/Neonatal program is proud to present a film series.

Each day a different film will be shown from 1 p.m. to 2 p.m. in the Post Partum Conference Room located on the 2nd floor of Tacoma General Hospital, 314 So. K St.

Jan. 9 - The Amazing Newborn
Jan. 10 - The Ties That Bind
Jan 11 - Have A Healthy Baby - Pregnancy
Jan. 12 - The Newborn
Jan. 13 - Premature Infants

Following each film there will be someone available to answer questions and give a tour of the Obstetrics Department.

Call 597-7407 for further information.



HAVE YOU BELIEVED OUR REPORT?
SERIES # 35
ISAIAH 53:1&2

Who hath believed our report? and to whom is the arm of the Lord revealed?

For he shall grow up before him as a root out of dry ground.

He hath no form nor comiliness: and when we shall see him, there is no beauty that we should desire him.

WORDS OF WISDOM
JOB 6:1-10

BUT Job answered and said,

Oh that my grief were throughly weighed, and my calamity laid in the balances together!

For now it would be heavier than the sand of the sea: therefore my words are swallowed up.

For the arrows of the Almighty are within me, the poison whereof drinketh up my spirit: the terrors of God do set themselves in array against me.

Doth the wild ass bray when he hath grass? or loweth the ox over his fodder?

Doth the wild ass bray when he ahth grass? or loweth the ox over his fodder?

Can that which is unsavoury be eaten without salt? or is there any taste in the white of an egg?

The things that my soul refused to touch are as my sorrowful meat.

Oh that I might have my request; and that God would grant me the thing that I long for!

Even that it would please God to destroy me; that he would let loose his hand, and cut me off!

Then should I yet have comforte; yea, I would harden myself in sorrow: let him not spare; for I have not concealed the words of the Holy One.

FROM THE DESK OF THE PUBLISHER
BISHOP D.L. BROOK, D.D.W.

What's Happening?!

Low Income Assistance Info.

Programs to help low income customers of Tacoma's Department of Public Utilities are described in a new publication titled "Low Income Assistance Information."

The brochure outlines the utility's payment and credit policies as well as programs to help low-income customers pay their electric bills. These programs include Project Need; a special rate for low-income senior citizens; a home weatherization program for low-income customers; and a new policy on electricity shut-offs during the winter.

Copies of the brochure are available from the Tacoma Department of Public Utilties, 383-2471.

Swimming Lessons Offered

Metropolitan Park District of Tacoma swimming lessons at area high school will begin the first week in January.

Tuesday and Thursday classes will be held at Wilson High School from 6:30 to 8 p.m. beginning Jan. 3.

Monday and Wednesday classes at Wilson and Mt. Tahoma begin Jan. 4. Registration and lessons will be held at Foss and Mt. Tahoma high schools beginning Jan. 7. Registration will be from 9 a.m. to noon.

Persons registering for lessons on any of the above dates should be prepared to swim.

Lessons at area high schools are for children five and up and adults. Children must measure at least 36 inches from toes to shoulders.

The fee is $10 for classes meeting twice a week and $5 for Saturday lessons.

Call the Metropolitan Park District for more information at 591-5303.

"Fridays At Marymount"

The January 6th "Friday Evenings at Marymount" program features DAVID BATKER, leading a slide show/discussion on the "Country and Culture of Malaysia, "6:45 p.m.., 423 E. 152nd St.

Mr. Batker, of Pacific Lutheran University, traveled to Malaysia last summer and will share his experience of that remote, fascinating country using slides and art.

The public is invited to Marymount for the program at 6:45 p.m., and to a simple supper at 6:00.

Please call 535-2553 for more information.

Safety On Frozen Canned Goods

The 1983 thaw has started. Canned goods stored in attics, basements, garages and other unheated places need to be checked. Many of them froze during the recent cold snap, according to Olga Fuste', Washington State University's Pierce County Cooperative Extension home economist.

Commercially Canned Products: There is no safety problem if a commercially canned product is accidentally frozen. However, upon freezing, the contents of the can will expand or "buldge." If the cans are bulged and still frozen, refrigerate the cans and use the contents as soon as possible.

Cans that are still bulged after thawing should be discarded; the contents may have been contaiminated with bacteria through a break in the can.

Activities For Developmental Disabilities

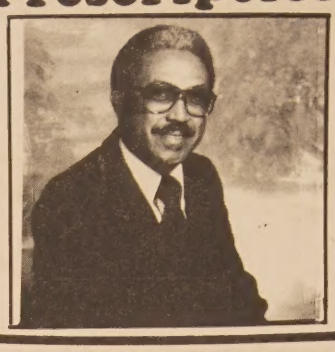
The Metropolitan Park District of Tacoma will offer a series of on going winter activities for people with developmental disabilities.

All programs require one week preregistration.

A calendar of monthly activities is available by contacting Mary Hart-Furman at People's Community Center, 1602 S. K St. or by calling 591-5313.

Cross country skiing, aerobic dancercise and a course in home computer use are among classes being offered the week of Jan. 9-15 by the Metropolitan Park District of Tacoma.

"The Doctors Prescription



TACOMA FACTS IS PROUD TO PRESENT TO OUR READER'S, A WEEKLY ARTICLE, BY DR. CHARLES E. SMITH JR.

ABOUT THE AUTHOR:

Dr. Chas. E. Smith, Jr., one of the COGIC Circle's most prolific and widely read writers and Master Teacher, will be contributing to this Newspaper a weekly column on Biblical and current themes. Much of the subject matter covered in his column, will be excerpts from larger works already in circulation.

Some of the material will be theological, and psychological, but always practical and implemental to the practitioner of the Christian faith: whether clergy or layman.

Conductor of 30 or more Workshops, Seminars, etc., across these United States annually and overseas, Dr. Smith is a much sort after preacher, teacher, lecturer, writer and scholar. He is the Pastor of Smith Temple Church of God in Christ in Seattle, Washington.

By
Dr. Chas. E. Smith, Jr.

Happy New Year! Have you ever considered how meaningless this phrase of goodwill is? Uttered millions of times over, across the world, it is the product of wishful thinking.

Given to friend, foe or stranger alike, it becomes a mere solution or a substitute for good-bye at the beginning of the new year. It is practically a misnomer, and could be called a faux pas. So for the sake of clarity, let us investigate the matter more closely. What is this NEW YEAR that we are wishing you such a HAPPY?

The year is a period of 365 days (in leap year, 366 days) divided into 12 months and regarded as beginning on January 1 and ending the following December 31. Precisely, it is the period of time, 365 days, 5 hours, 48 minutes, and 6 seconds, spent by the sun in making its apparent passage from vernal equinox to vernal equinox. This is called the astronomical year. If there is variation by the sun in making its apparent passage from a fixed star and back to the same position again, due to the precession of the equinoxes, the time changes to 365 days, 6 hours, 9 minutes, and 9 seconds. Now this is the time we are offering you.

And we wish you a NEW one. But is the YEAR really NEW? New means never existing before; never appearing or thought of before; never made, developed or produced before. New is for the first time, having just come. But we know that this period of time contained within this lunar year, has existed before, and has been experienced, manifested, and recently observed. Therefore, our NEW to you is simply a new aspect of the old that has already been. A new aspect that is not yet familiar ; that we are not yet accustomed to; and one that we have not yet experienced.

But we wish you a HAPPY one. That is, we wish you a HAPPY period of unknown and unforeseen seconds, minutes, hours, days, weeks and months, without reservation or consideration. Its an assumed prediction, a hollow prognostication, that each day of the coming year, you will be lucky, fortunate, felicitous, successful, delightful, joyous, merry, blithesome, glad, prosperous, and blissful. Not every aladdin's jinni could do it. But that's what we say, when we say to one another, "Happy New Year!"

Would to God we could wish upon each other: this kind of HAPPY. What a wonderful place this world would become. No more sadness, sickness or sorrow; no gloom, despair, or heartache. Only happiness everywhere the wish is given, But, alas, it is not so - neither indeed can be. God, Himself, never grants such requests for the true and faithful

God never promises skies, always blue, but allows a little rain to fall into each life.

Yet through the storms and rains, and the winds that blow contrary on uncertain days, you can be HAPPY every step of the way, if you are a child of God. For only He can make the crooked straight, the wrong right, and the evil good.

So as you step into the uncertain, unknown New Year, here are a few suggestions for the taking:

Take time to live, it is the secret of success.

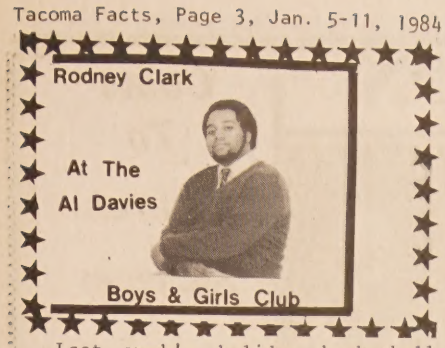
Take time to think, it is the source of power.

Take time to play, it is the secret of youth.

Take time to read, it is the foundation of knowledge.

Take time for friendship, it is the source of happiness.

Take time for God, it is life's only lasting investment.



Last week's holiday basketball tournaments provided enourmous excitment for boy's and girl's club youngsters. In the 8th grade tournament South End Boys and Girls Club finished 4th, Al Davies Boys and Girls Club Hornets under the direction of Waymon Cruel took 3rd, as a tough Everett team placed 2nd to Seattle Central Boys and Girls Club.

In the 7th grade basketball tournament Woods Wizards finished 4th and N.E.A.A. took 3rd place. The Al Davies Players under the direction of Jimmy Ervin finished 2nd to a tough Bellevue Boys and Girls Club team. Mike Daniels of the Al Davies Players was awarded "Mr. Hustle" of the 7th grade tournament.

The regular season in basketball in all ages begins this week. Most of the squads play games on Saturdays. For information on the dates and times of games contact Austin Briggs-Hall at 383-2731 ext. 27. Girls basketball practices have begun. All girls in 4th -6th grades 7th-8th grades are urged to participate. Sign up at the club as soon as possible.

The 1984 year is upon us and that means new boys and girls club's membership cards. The membership fee is $7.00 until December 31, 1984. No non-members will be allowed to participate in any programs unless the $7.00 fee is paid in full.

Support the Al Davies Boys and Girls Club by signing your kids up today!

You Can Stop Smoking

Get help with your resolution to quit smoking by attending a Freedom From Smoking clinic, designed to help smokers kick the habit permanently. The Clinic will be held beginning Monday, January 16, at John Dower School, 7817 John Dower Rd. W., Tacoma, from 7:00-9:00 p.m.

Stir Fry Vegetables

4 tablespoons sald oil, divided
2 cups FLorida cauliflower, sliced 1/4-inch thick
2 cups Florida carrots diagonally sliced 1/8-inch thick
2 cups onion wedges
2 cups Florida cabbage slice 1/2-inch wide
1 pound flank steak diagonally sliced in 1/8-inch strips
1/2 cup water
2 teaspoons chili powder
2 teaspoons cornstarch
1 teaspoon paprika
1 teaspoon salt

In a large skillet heat 2 tablespoons of the oil until hot; add cauliflower, carrots and onion wedges; stir-fry until partially cooked, about 2 minutes. Add cabbage; stir-fry 1 minute. Remove vegetables with slotted spoon; set aside. Add remaining 2 tablespoons oil to skillet; heat until hot. Add beef; stir-fry until browned on both sides, 1 to 2 minutes. Combine water, chili powder, cornstarch, paprika and salt. Add to skillet along with reserved vegetables; cook and stir until thickened, about 1 minute. Serve over rice.

YIELD: 4 portions
7 cups

DIET FACTS & FALLACIES

Shirl Ackinson

DIET FACTS & FALLACIES

SCHOOL LUNCH IDEAS

It won't be any time before you will need to begin thinking about school lunches again. Need some ideas?

- You can save both time and money by listening to your children . . . listen to what they say about foods they like and don't like.
- Don't hesitate to ask them what they want.

If your children are too young to decide on a nutritious menu by themselves, suggest several items and allow them to choose between those items.

- Take them shopping and let them pick out a fruit they have never heard of or tried before.
- Let them select items and create their own sandwich.
- Let your child call a friend and tell him that he will make a lunch for him the next day—nice surprise for the friend, and fun for your child!

Diet Center recommends keeping nutritious foods on hand to make proper food choices easy for children.

EDITORIALS

Tony Brown's Comments

•NATIONALLY SYNDICATED COLUMN•

Get Black History Month Facts

Study Group, here is your first Black facts lesson for 1984.

And you know what my next line is: "Get pen in hand and paper and write to me for details at 1501 Broadway, Suite 2014, New York, New York, 10036." This time when you send sixty cents (.60) in stamps, you will receive our special Black History Month magazine called "The Longest Struggle" -- free.

For those who want literature for groups and organizations for February's Black History Month celebration, a special offer is included in the magazine on page 11. Based on the response to the offer for previous issues on Blacks excelling in education and the threat to Black colleges, this special edition on the history of Black protest and the NAACP's 75 Year March will be in great demand -- so don't wait too long before you send for your free copy.

For example, you will receive a 51-question quiz on Black history.

"She was a well-known Black journalist during the early 1900's who was driven from the South because of her anti-lynching editorials.

She was also a founder of the NAACP and started the anti-lynching crusade. Who was she?" and "Black History Month started out as Negro History Week in 1926. Who is the father of this annual celebration of Black culture?" are two of them.

Here's a couple more: "During the NAACP's effective campaign against lynching, a silent parade of 10,000 New Yorkers protested in July, 1917 the bloody race riots that killed from 40 to 200 Blacks and drove another 6,000 from their homes. In what city did these riots take place?" and "The NAACP's crusade against lynching had its finest hour when a Tuskegee report showed that for the first time in 71 years no lynchings occurred in the U.S. What year was that?"

How are you doing? Are you 0 for 4 or 4 and 0? You probably need to brush up on what "your" ancestors were doing if you're average.

The magazine will also ask you: "Responding to NAACP pressure in 1940, President Franklin D. Roosevelt appointed the first Black general in the history of the armed forces. Who was he?"

There are also answers and you'll get them as well. You will learn which Executive Secretary of the NAACP wrote the "Black National Anthem" and get the details of how he conceived the words. Do you know what year this native of Jacksonville, Florida wrote the words? Who wrote the music?

The magazine on the Saga of Black America details the states in the South with a Black majority of the registered voters following the Civil War. You will learn which southern states had a Black U.S. Senator and a governor.

You will also learn what plan the "White Redeemers" used to stop Black progress between 1867 and 1877 that cancelled the only period in American history when democracy was given a chance. The magazine details the complete and needless humiliation that followed.

What northern race riot led to the creation of the NAACP and what does the "Call" mean?

How did Ida Wells-Barnett prove that Black men were not being lynched because of the stated reasons of protecting White women? The following titles will also be described: "The Terrible Nineties"; the "Exodus of 1879"; and "The Waco Horror."

It's all in The Longest Struggle. Get ready for Black History Month..

TONY BROWN'S JOURNAL TV series can be seen on public television Saturday, on Ch 62and and 15 at 7:30 pm. It can also be seen on channels 9, Saturday, 11;30 pm. Please consult listings.

TO BE EQUAL

Decisive Year Coming Up

John Jacobs

Ever since George Orwell titled his bleak novel of a totalitarianfuture "1984" the coming of that year has been charged with special meaning.

The coming year is not going to fulfill such drastic visions of the future, but it will be decisive in a number of ways.

First, 1984 is a presidential election year, with all that implies for public policy and national choices.

Election years seem to be fairly good ones, since incumbent Administrations want a flourishing economy and at least the appearance that they are dealing constructively with national problems.

This year should be no different. We can expect an easing of overall economic policies, such as lower interest rates and targeted federal spending, that, taken together, create more jobs.

But the big question in the 1984 elections is what polices the nation will follow in 1985 and beyond. If, as expected, the slow economic recovery turns into a real rebound from recession in 1984, the structural dislocations that have thrown millions out of jobs or rendered them unemployable, will remain.

So the election will have to turn on philosophical differences between the major candidates and their specific plans for the future, and less on the day to day economic statistics.

The black vote will be a major factor. The signs are all there: higher black registration, black mobilization to maximize the black vote, and the large black voter turnouts in recent years all point to the black vote as being important, perhaps decisive.

A second key factor in 1984 will be the growth of poverty in America. The ranks of the poor have swelled by five million over the past three years and the recovery has not touched them.

Unless the current recovery broadens to become a boom that creates jobs in industries hit hard by the recession, the poverty level will remain high. The 35 million poor need not be poor in this affluent nation. Experts say a transfer of $45 billion would bring the incomes of the poor up to the poverty level. The Pentagon wastes more than that on cost overruns, inflated payment for parts, and inefficiency.

A third factor of importance in 1984 is whether the nation will broaden equal opportunity We've had a lot of hand-wringing about how bad the schools are and how limited minority progress has been. But if we don't start implementing national policies that prepare the poor and minorities for productive jobs the economy will be in even worse shape.

Over the next decade one fourth of the new entrants to the labor force will be black and minority. The young people now getting inferior educations, on the verge of dropping out of school, and denied the skills training they ned to get decent jobs will, in the coming months and years, have to function in a high tech economy.

Their needs are also the economy's needs for skilled, trained people. But too many people are still trapped in the mindsset that thinks of their needs as a "social problem" and the investments in their human capital as "costs."

Letters To The Editor

Dear Friends:

We have had such a hectic Thanksgiving-Chanukah-Christmas season there has been little time to stop for a minute to offer our thanks for the help and concern of all of you in the media community.

Despite some considerable publicity nationally that hunger is not an issue, or perhaps that is is only a political issue, all of us in the Northwest can be convinced of the very real need demonstrated by the unprecedented drain upon this and every other hunger response program.

In the midst of all that, our sincere thanks to each and every one of you for your wonderful efforts on behalf of the poor and the disadvantaged in our community. Hunger response as a public service message and the question of hunger as news has been handled with grace and concern, to the benefit of those in need.

We are appreciative of being seen by the media as a credible source of information and grateful for the many uses made during the year of our messages.

Our thanks and our good wishes for a fine and challenging New Year!

Sincerely,
Ruth M. Sterling, Executive Director

WARNING: JESUS IS COMING SOON

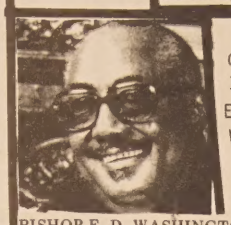
International Church Directory

Edwards Temple C.O.G.I.C.

1107 South 21st
Tacoma, Washington
475-8993 - 475-1467

Sunday School.....10:00 a.m.
Morning Service.....12:00 p.m.
Evening Service.....8:00 p.m.
Wednesday Bible.....8:00 p.m.
Friday Worship.....8:00 p.m.
Marriage and Family Counseling

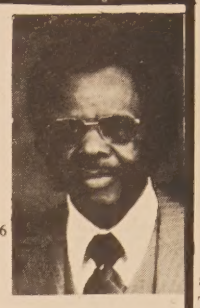
Bishop Robert Edwards, Pastor



BISHOP F. D. WASHINGTON

Washington Temple
Church Of God In Christ
Brooklyn New York 11213
EVENING SERVICES
WEDNESDAYS
FRIDAYS 7:00 P.M.
SUNDAYS 9:30 A.M.
11:00 A.M.

ST. JOHN BAPTIST CHURCH



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We offer Spiritual Guidance and Family Counseling
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Rev. J. Andrew Boles, Sr., Pastor

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Phone 806 744-5334

HAYNES MEMORIAL CHURCH
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Fort Worth, Texas 76106
Phone 817 624-9223

Bishop W.D. Haynes
Church of God in Christ Inc.
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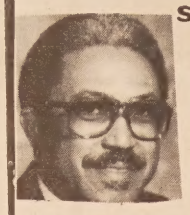
Lubbock, Texas 79408

Res. 3256 63rd
Lubbock, TX 79413
Ph. 806 796-2637

Res. 2826 Ross Ave.
Fort Worth, TX 76106
Ph. 817 626-2107

WHEN IN SEATTLE VISIT...



DR. CHAS. E. SMITH, JR. - PASTOR

SMITH TEMPLE C.O.G.I.C.

1412 23rd AVENUE - SEATTLE, WA 98122
PHONE: (206) 329-3829

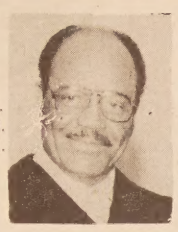
"A GOOD PLACE TO WORSHIP"

SUNDAY
SUNDAY SCHOOL.....9:30 AM
MORNING WORSHIP.....11:30 AM
Y.P.W.W.....6:30 PM
EVENING WORSHIP.....8:00 PM
MID-WEEK
TUESDAY/FRIDAY.....8:00 PM

NEW COVENANT PENTECOSTAL TABERNACLE

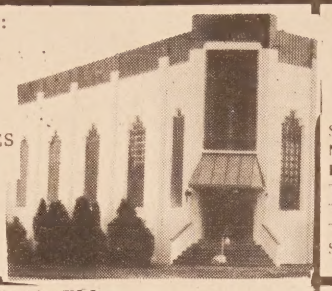
2156 So. K Street
Sunday School.....9:30 A.M.
Sunday Worship.....11:00 A.M.
Wednesday Eve.....7:30 P.M.
Friday-YPCW.....7:30 P.M.
Tuesday Services at Evergreen Chapel, Ft. Lewis.....7:30 P.M.
Evangelist Mrs. E. E. Travis

ALLEN AME CHURCH

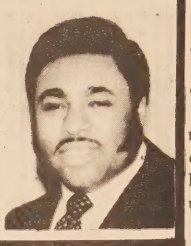


1411 So. Yakima 627-6855
Church School.....9:30 A.M.
Morning Worship.....10:55 A.M.
Wednesday Bible Study.....7 P.M.
Serving God
Through Service To Mankind
Rev. G. Mansfield Collins, Minister

AGAPE FORCE:
CENTER
EVANGELISTIC
SERVICE
SAT. 7:p.m.
SUNDAY SERVICES
10:A.M.



TRUE VINE COMMUNITY CHURCH COGIC



5715 No. 33rd (& Pearl)
Sunday School.....10 A.M.
Morning Worship.....11:15 A.M.
Evening Worship.....7 P.M.
Tuesday Prayer.....11:30 A.M.
Tues. Bible Study.....7:30 P.M.
Thursday Evangelistic Service.....7:30 P.M.
Pastor Leo C. Brown, Jr.

BETHLEHEM BAPTIST CHURCH

1723 So. I
Sunday School.....9:30 A.M.
Baptist Training Union.....6 P.M.
Worship Services_____11 A.M.,7:30 P.M.
Office 272-3309
Rev. F. D. Bullock, Pastor

NEW JERUSALEM CHURCH OF GOD IN CHRIST

1623 So. 11th Street
7:30 a.m. - 8:30 a.m. KTNT-AM
Sunday School.....9:45 A.M.
Worship.....11:15 A.M.
Wednesday Prayer & Bible Study.....7:30 P.M.
Friday Worship.....7:30 P.M.
Marriage & Family Counseling
Call 572-6785 for transportation
Bishop T.L. Westbrook

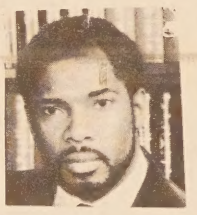
Greater Glory C.O.G.I.C.
6419 Empire Way S.

SUNDAY SCHOOL - 10:00 A.M.
MORNING WORKSHIP - 11:30 A.M.
WED. (PRAYER & BIBLE BAND) - 7 P.M.
FRIDAY (YOUTH SERVICE) - 7 P.M.
SAT. PRAYER - 9 A.M.

Eld. Towsend
Pastor

Holy Trinity Mission
627-5862 C.O.G.I.C. 627-1313
Christian Youth Center

CHRISTIAN YOUTH RECREATIONAL CENTER
MON. thru FRIDAY 3:30 p.m.-10:30 p.m.
SAT. 11:a.m-11:p.m. SUN. 2:p.m-6:30.
MISSION SERVICE SUN. NIGHT 7:30 p.m.
1313 SOUTH "J" ST-TACOMA, WASH.
Bishop D.L. BROOKS
D.D.W. FOUNDER & DIRECTOR.



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Buffalo, New York 14211

Pastor-Evangelist W. Woods, Jr.

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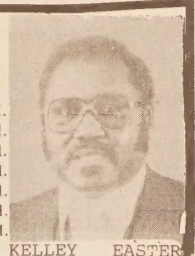
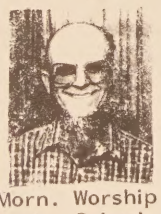
HAUULA, HAWAII 96717

Eld. Dennis Welch
P.O. Box 252 Phone
Hauula, Hawaii 96717 293-5506

UPPER ROOM C.O.G.I.C.



152 - 26 Avenue
Seattle, Wa. 98122
Sunday School.....9:45 A.M.
Morning Worship.....11:30 A.M.
Evening Youth.....6:30 P.M.
Evening Service.....8:00 P.M.
Tues. Bible Study.....8:00 P.M.
Wed. Deliverance Service.....8:00 P.M.
Fri. Young People's Night.....8:00 P.M.
REV. KELLEY EASTER
PASTOR



FAITH CHAPEL
169½ E. 132nd St.

HOLY SPIRIT SERVICES

Morn. Worship - 11:00 A.M. Thurs. Eve.
Sunday School - 10:00 A.M. Service- 7:PM.
Sunday Eve. Youth - 7:00 P.M.
Pastor - Dennis McMains.

MARANATHA EVANGELICAL COGIC

1401 South "I" Street
627-1302 Office
759-5064 Residence
Sunday School.....9:30 A.M.
Sunday Morning Worship.....11:00 A.M.
YPWW Sunday.....6 P.M.
Sunday Eve Worship.....7:30 P.M.
Tues. Eve Bible Study.....7:30 P.M.
Thurs. Evangelistic Service.....7:30 P.M.
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PASTOR OF REVIVAL CHURCH OF GOD IN CHRIST
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SEATTLE PHONE EAST 2-4645

CHURCH ADDRESS
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Seattle, WA 98144

HOME ADDRESS
1416 - 25TH AVENUE
SEATTLE, WA 9812
HOME PHONE 322-42?

The effectual and fervent prayer of a righteous man availeth much Jas: 5:16

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Church Of God In Christ
1917 Colburn Street • Honolulu, Hawaii
Telephone: 841-9181
Pastor: Elder Paul L. Martin Res: 456-1406
861 Hoomoana Way, Pearl City, Hawaii 96782

THE MOUNT TABOR BAPTIST CHURCH

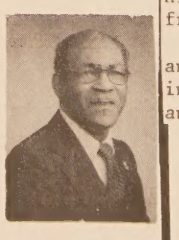
2302 South Alaska Street
Tacoma, Washington 98405
Sunday School.....9:30 A.M.
Sunday Services.....11:00 A.M.
B.T.U.....6:00 P.M.
Evening.....7:00 P.M.
Pastor 272-9036 Church 272-8911
Home 474-5446
Rev. Dan W. States, Pastor

BIBLE WAY CHURCH OF GOD
IN CHRIST
2228 WETMORE
EVERETT, WASHINGTON
(206) 259-4740

Holy Temple Church of God In Christ

East 312, 3rd Street
Spokane Washington
Pastor: Elder Ezra D. Kinlow

NEW LIFE BAPTIST CHURCH



618 North Puget Street
Olympia, Washington 98506
service Schedule
Sunday School.....9:30 A.M.
Morning Worship.....11:00 A.M.
Evening Worship.....7:00 P.M.
Wednesday Prayer.....7:00 P.M.
O.R. Pigford, Pastor

TRINITY MISSIONARY BAPTIST CHURCH

Sunday School.....9:30 A.M
Morning Worship.....10:45 A.M.
Evening Service.....7:00 P.M.
Wed Prayer Meeting
Bible Study...7:00 P.M.
Sat Bible Study.....1:00 P.M.
Dr. Moses Harris, Pastor
535-2774
3639 East K Street
Tacoma, WA

FRIENDLY TEMPLE C.O.G.I.C.
YAKIMA, WA 98901

SAMMY TROTTER, PASTOR
601 S. NACHES AVENUE
509-452-8262

CHURCH:
306 E. ADAMS STREET
509 / 575-4734

CORNERSTONE LIFE CHURCH

Service held at 2534 Grandvie Ave. W. University place-park & Rec. BLDG. Sunday 10:am-6:00pm. Radio Broadcast-Sat. 11:30, KBLE Radio, AM. 1050.

Pastor: Rich Carbone
ph. 752-6285

Come To Church Services

PSALMS 53,

THE fool hath said in his heart, There is no God. Corrupt are they, and have done phominable iniquity; there is none that doeth good.

God looked down from heaven upon the children of men, to see if there were any that did understand, that did seek God.

Every one of them is gone back; they are altogether become filthy; there is none that doeth good, no, not one.

Have the workers of iniquity no knowledge? who eat up my people as they eat breed: they have not called upon God.

There were they in great fear, where no fear was for God hath scattered the bones of him that encampeth against thee: thou hast put them to shame, because God hath despised them.

Oh that the salvation of Israel were come out of Zion! When God bringeth back the captivity of his people, Jacob shall rejoice, and Israel shall be glad.

SAVE me, O God, by thy name, and judge me by thy strength.

Hear my prayer, O God; give ear to the words of my mouth.

For strangers are risen up against me, and oppressors seek after my soul: they have not set God before them. Selah.

Behold, God is mine helper: the Lord is with them that uphold my soul.

He shall reward evil untomine enemies: cut them offin thy truth.

I will freely sacrifice unto thee: I will praise thy name, O Lord; for it is good.

For he hath delivered me out of al trouble: and mine eye hath seen his desire upon mine enemies.

Give ear to my prayer, O GOd; and hide not thyself from my supplication.

Attend unto me, and hear me: I mourn in my complaint, and make a noise;

We welcome news of your church and civic events.

Please address photos and copy to ROSA LEE BROOKS **c/o The Tacoma Facts or call**
627-5862

Business Services Directory

Dr. Gordon M. Rody
Rody Chiropractic Clinic
MEDICAL / ALL COUPONS / INSURANCES
917 S. 10th St.
627-7999 Tacoma Wa. 98405 Mon-Sat.

RELIGIOUS

Sounds From Heaven
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Rev. James T. Watson

Good Tiding Hour
Sat. 1:45 1050
Rev. Earl Harris

the New Jerusalem Christian Academy

Upper Room C.O.G.I.C.
152 - 26 Avenue
Seattle, Wa. 98122

St. John Baptist Church
So. 20th & J Street

EDWARDS TEMPLE
C.O.G.C.
1107 South 21st.
BISHOP ROBERT EDWARDS.
PASTOR.

New Jerusalem Church of God in Christ
1623 So. 11th Street

Shiloh Baptist Church
1211 S. I Street

VOCATIONAL FIRST BAPTIST CHURCH.
1810 TACOMA AVE S. South.
BRO. EMILIO ENCARNACION.
PASTOR.

Allen A.M.E. Church
1411 So. Yakima

True Vine Community Church C.O.G.I.C.
5715 No. 33rd (& Pearl)

Bethleham Baptist Church
1723 So. I

GAILEE BAPTIST CHURCH
5802 S. PUGET SOUND
REV. STINSON PASTOR.

'Pentacostal' New Covenent Tabernacle
2156 So. K Street

Eastside Community Church C.O.G.I.C.
4420 Portland Ave.
472-3550

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St. Paul Baptist Church
2225 So. 19th
627-6422

Deliverance Revival Center
1505 So. Fawcett

Mt. Tahoma Seventh-Day Adventist Church
1310 So. L St.
627-6012

Marantha Evangelical COGIC
1401 So. I
627-1302

Friendly Temple
C.O.G.I.C.
306 E.ADAMS ST.
YAKIMA, WASH. 98901
REV TROTTER PASTOR

Revival Center
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Tacoma

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Tacoma

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Daniel J. Thomas MD
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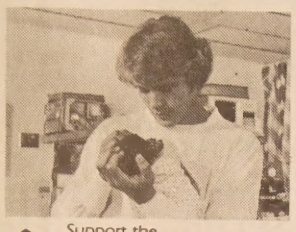
Dr. Richard L. Haynes
Chiropractic Physician
616 suite Bldg
1331 - 3rd Avenue
623-0549

Eastside Community Center
44th & Portland Ave.
Tacoma

Tacoma Housing Authority
1728 E. 44th St.

PROFESSIONALS



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627-9903

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2501 South 12th Street
272-4438

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T. TOWNE Jewelers
1121 South K Street
Tacoma, WA 98405
272-6670
Ray & Claudia Shaffer

Minority Contractors Association
1036 So. Sprague,
Tacoma
383-5035

The Soul Food Cocktail Lounge & Restaurant
8202 Orchard St. S.W.
Tillicum 582-9750

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Fort Steilacoom Community College
9401 Farwest Dr. S.W.

L.H. Bates Voc. Techn.
11th & Yakima
Tacoma

Tacoma Community College
12th & Mildred
Tacoma, WA

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13th & Tacoma Ave. So.
Tacoma

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11th & Tacoma Ave So.

Tacoma Urban League
2550 S. Yakima
383-2006

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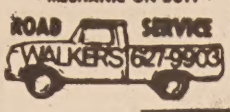

627-9903

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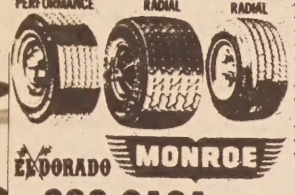

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THE TACOMA FACTS
1401 S. 11th St.
TACOMA, WA. 98405
ATTN: CIRCULATION DEPARTMENT

Tacoma Day Nursery

Today Tacoma Day Nursery Association, a United Way agency and day care center for preschool children of working mothers announced its sponsorship of the USDA Child Care Food Program. Meals will be made available to enrolled children at no separate charge without regard to race, color, handicap, age, sex, or national origin.

Parents' income determines the amount of money USDA will reimburse us to provide meals to enrolled children. The income eligibility guidelines listed below are used to determine our reimbursement from USDA. Children from households whose monthly income is at or below these levels are eligible to be counted for free or reduced price meal reimbursements.

Family Size	1	2	3	4	5	6
Free	$527	$709	$891	$1,073	$1,255	$1,437
Reduced	750	1,009	1,268	1,527	1,786	2,045

Family Size	7	8	For Each Additional Family Member Add
Free			
Free	$1,619	$1,801	$182
Reduced	2,304	2,563	259

Any person who believes that he or she has been discriminated against in any USDA - related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

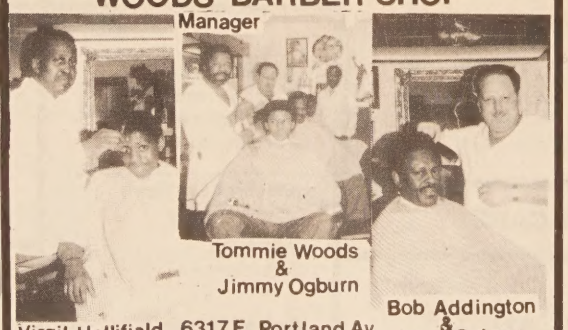
Meals will be provided at the sites listed below:

Tacoma Day Nursery Association
1113 South I Street
Tacoma, WA 98405

For information on bus service, call Pierce Transit at 593-4520.

Tue-Fri. 9:00a.m-6:00p.m. Sat.6:00a.m-6:00p.m.

WOODS BARBER SHOP



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Virgil & Hollifield Robert Mason
Bob Addington & Jesse Ogburn

6317 E. Portland Av
Tacoma, Wash.
475-5330

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A TOUCH OF CLASS THAT YOU CAN AFFORD

272-8653
1623 SOUTH K
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UNLIMITED HAIR CARE
FULL SERVICE SALON
WALK-INS WELCOME
CALL FOR APPOINTMENT
NOW OPEN 7 DAYS

Seven Inner Circle Beauty Salon

6317 E PORTLAND AVE.
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Operator wanted FULL-TIME, Must have own Clientell, for more Information, Please call the shop

Diana Washington, MANGER

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RECOVERING - REMODELING -
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Louisiana Fish & Rib House

Specializing In All Of Louisiana's "Best"

Gumbo Sweet Potato Pies Catfish
1421 Sixth Avenue
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Open Mon thru Thurs 11-9
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Crab 627-7094 Shrimp

KING'S CUSTOM CUT MEATS
PACKAGE MEATS ANY SIZE

BEEF PAK.
$49.50
Net WT. 35lbs.

ECONOMY PAK
$32.50
Net WT. 27lbs

VARIETY PAK.
$59.50
Net WT. 50lbs

608½ So. K..... TAC. WA. 98405

OPEN TUES.-SAT. FOOD STAMPS WELCOME
272-9899

Classified Advertising

Special Education Teacher

ASSIGNMENT: High School level class for mild to moderate retarded students.

QUALIFICATIONS: Possess appropriate teaching certification in Speical Education.

Vocational Education and work/study background task analysis skill. Formal and informal academic assessment skills. Ability to use and interpret six cycle behavior charts. Some background in physical education would be helpful.

SALARY RANGE: Based on the negotiated teacher schedule which reflects training experience.

APPLICATION PROCESS: In order to be considered an applicant for the above stated position the following must be on file in Federal Way School District Personnel Office by the closing date:

1. A completed Federal Way School District application form including a resume.
2. Up-to-date placement office credentials or four (4) letters of recommendations.
3. A letter of application.

Address inquiries to: Roger Smith, Director of Personnel
31455 28th Avenue South
Federal Way, WA 98003
941-0100

Closing date for applications is January 25, 1984.

Effective date of employment will be 2nd semester, January 31, 1984.

Director of Curriculum

The Federal Way School DIstrict is inviting applications for Director of Curriculum according to the time line below. All applicants should pick up or request an application packet from the Personnel Department. A complete application will include: a new application form, a complete up-to-date resume, a letter of applicaiton, a set of up-to-date credentials and a written response to the attached questions.

Qualifications:

1. Completed Master's Degree in an approved college program with an emphasis on curriculum development and implementation.
2. Have at least five (5) years experience as a teacher and/or an educational administrator at either secondary or elementary. (Candidates with school administration experience will be given preference).
3. Have demonstrated administrative and educational leadership, particularly in the area of curriculum development and implementation.

Application: Send letters of application and application form to: Roger D. Smith, Director of Personnel.

Schedule: Completed application by January 10, 1984.

Initial screening of applicants will will be completed by January 13, 1984.

AUTOMOTIVE MECHANIC

Will perform skilled tasks in the diagnosis of malfunctions, repair and overhaul of automotive and light diesel equipment. Requires 3 yrs. exp. in automotive or light-to-medium duty truck maintenance. Must have journey-level verification. Must be able to life in excess of 50 lbs. and must possess valid WA State driver's license with intermediate endorsement and complete set of heavy equipment tools with a rollaway tool box. $13.04 per hour.

Application/resume must clearly show how you meet minimum qualifications in order to be considered.

Apply at Pierce Transit, 1235 South Sprague, by 5 PM January 12, 1984.

Equal Opportunity thru Affirmative Action.

SCIENTIFIC INSTRUCTIONAL TECHNICIAN I
BULLETIN # 834-031
Closing Date: Jan. 13, 1984

Business Opportunities

The Evergreen State College is located in Olympia, WA, an hour south of Seattle. It is a four year college primarily devoted to interdisciplinary teaching of undergraduates.

Description:

This technician will be responsible for: providing scientific instructional support to undergraduate level teaching in basic and applied science; managing the Science Store operation and instructing and supervising undergraduate assistants. Candidates should have (1) a strong background in inorganic and organic chemistry and biology; (2) the ability to operate and maintain various laboratory instruments such as microscopes, balances, spectrometers, etc. A knowledge of physics, electronics, computer programing and instrument repair is desirable. The ideal candidate willhave a desire to participate in a growing, innovative college that is dedicated to excellence in teaching. Flexibility and breadth of interest are valuable attributes at Evergreen.

Minimum Qualifications:

A bachelor's degree with major study in a basic or applied science; OR an equivalent combination of training, formal education and/or research, training or service laboratory operations experience.

Examination:

Consists of a written and oral examination scored on the basis of job related experience, training, skill, ability, and other elements which are established through job analysis. Following the screening and scoring of applications, the applicants receiving the top ten scores (plus ties, if any, for the tenth position) will be admitted to a job element oral board examination.

To be considered for this position, an application and supplemental aplication form must be turned into the employee Relation Office, at the Evergreen State College, Olympia, WA 98505 before 5:00 p.m. January 13, 1984. Application will not be accepted after the closing date.

The Evergreen State College is an equal opportunity employer and operates under an affirmative action policy. This college storingly encourages qualified men and women of all races, religions, and ancestry to apply. The handicapped, and vietnam era veterans, are especially encouraged to apply.

Free Workshops At Tacoma Dome

Area business professionals interested in learning about the latest training available on computers for their business and office personnel, can attend a free series of workshops Jan. 6 at the Tacoma Dome Convention Hall.

Sponsored by Tacoma Community College in Room A at 3, 4, and 5 p.m., the 45-minute sessions will present an overview of training offered at TCC for business and office computer users.

Presented by Gary Sigmen, director of computer instructional programs at TCC, the program will demonstrate the college's sophisticated Alpha Micro computer system and the IBM Personal Computer. Program participants can see software packages in action on a six-foot wide projec tion screen.

Software demonstrated will include: business graphics, spread sheets, records management systems and text editors Sigmen will also discuss the college's varied computer instructional programs, the sophisticated equipment available for student use, and custom-designed educational programs for business.

For more information on this program, call the college at 756-5110.

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THE TACOMA FACTS.

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TACOMA SCHOOL DISTRICT
PUBLIC SECTOR AND PRIVATE
INDUSTRY WORKING TOGETHER

the Peoples Market
1214 6th AVE. – BETWEEN "L" AND "M" ST.
• Prices Effective: Jan. 4-10, 1984 • Limit Rights Reserved
• Items on sale subject to stock on hand • Food Stamps Welcome

U.S.D.A. Choice Beef Sirloin Tip Roast $1.89 lb.

Turkey Hindquarters Jennie-O 49¢ lb.

Campbell's Chicken Noodle Soup 10¾ oz. 28¢

Bake, boil or fry Potatoes Versatile and nutritious 10 lb. bag 99¢

Oven-Gold Bread 16 oz. loaf White or Wheat 39¢

Bumble Bee Tuna Chunk Light Tuna 6½ oz. tin 69¢

Red Delicious Apples Crisp and juicy 3 lbs. $1

Saltines Fireside Saltines 16 oz. pkg. Crackers 59¢

House For Rent

2 STORY 3 BDR.,LARGE LIVING ROOM,
DINNING ROOM
CALL COLLECT,DAY OR NIGHT
HOUSE LOCATED AT 1728 SO. CUSHMAN.
DRIVE BY AND SEE, THEN CALL ME.
PHONE: 1-329-0146
WILL ACCEPT SECTION 8 HOUSING.

SUPPORT FOR CANCER PATIENTS
AND THEIR FAMILIES AND FRIENDS

If you are close to the problem of cancer this holiday season, call 1-800-4-CANCER and ask about the free pamphlet, "Taking Time". The Cancer Information Service at the Fred Hutchinson Cancer Research Center has trained staff that will be happy to mail you a copy.

Washington State Cancer Information Service
1-800-4-CANCER

"SOCIAL SECURITY – A WOMEN'S ISSUE" will be the subject of a program presented by the Tacoma Chapter of the National Organization for Women, on Thursday, January 19, at 7 PM at the Tacoma Public Library on Tacoma Ave. and 11th St. on the second floor in the Fireplace room. Speakers from Older Women's League (OWL) and Seattle NOW will present the informative program.

Admission is free and the public is invited.

Brookdale MOTORS TRUCKS CARS INC. 12918 PACIFIC AVE. TACOMA 531-4954

An ounce of prevention can protect your unborn child
Support March of Dimes BIRTH DEFECTS FOUNDATION

HE WAS FIGHTING FOR HIS LIFE THE MINUTE HE WAS BORN.

The March of Dimes saves babies. You can help.

Support March of Dimes

State of Washington

PROCLAMATION

WHEREAS, the annual March of Dimes will be held in every community in Washington State and throughout the United States during the month of January, 1984; and

WHEREAS, the goal of the March of Dimes is to provide a special kind of freedom for tomorrow's children -- freedom from the suffering and the tragedy of birth defects; and

WHEREAS, every year, more than 250,000 American babies are born with some type of serious defect, which is one in every twelve live births; and

WHEREAS, birth defects are implicated in half the deaths of preschool children and are responsible for almost two-fifths of the deaths of elementary school youngsters; and

WHEREAS, through education and early perinatal care, the effect of birth defects can be greatly minimized; and

WHEREAS, the March of Dimes continues to invest heavily in the future of America by supporting research -- more than 100 research and care centers throughout the United States are sponsored by the March of Dimes; and

WHEREAS, the center at the University of Washington has achieved worldwide recognition for its research in the prevention and treatment of birth defects; and

WHEREAS, all of those activities are made possible by the 39 county chapters of the March of Dimes in the state of Washington, whose volunteer members contribute their time, talents, and effort, and by the generosity of all the people of the state of Washington who give to the March of Dimes;

NOW, THEREFORE, I, John Spellman, Governor of the state of Washington, do hereby proclaim January, 1984, as

MARCH OF DIMES MONTH

in Washington State, and I applaud the outstanding contributions being made by our citizens to help ensure a healthy beginning for each child.

Signed, this 12th day of December 1983.

Governor John Spellman

SAFEWAY 69th ANNIVERSARY

SAVE 48¢

Ketchup

HEINZ

SUPER SAVER 32-oz. Bottle **99¢**

SAVE 30¢

Paper Towels

BOUNTY

SUPER SAVER Roll of 92 **69¢**

SAVE 36¢

Detergent

BOLD 3

SUPER SAVER 49-oz. Box **$1.99**

SAVE 90¢ On 2

Ice Cream

Lucerne Cookies & Cream

SUPER SAVER **2** Half Gallons **$3**

Spaghetti Sauce

RAGU Reg. Homestyle, or Chunky Garden Style 32-oz. Jar **$1.89** SUPER SAVER

- SUPER SAVER **Egg Noodles** Town House, Wide or Extra Wide 12-oz. Pkg. **69¢**
- SUPER SAVER **Lasagne Noodles** Town House 16-oz. Box **79¢**
- SUPER SAVER **Long Spaghetti** Town House 22-oz. Pkg. **79¢**
- SUPER SAVER **Tomato Paste** Town House 4 6-oz. Cans **$1**
- SUPER SAVER **Parmesan Cheese** KRAFT Grated 8-oz. Can **$2.59**
- SUPER SAVER **Mozzarella Cheese** PRECIOUS 12-oz. Pkg. **$1.99**

- SUPER SAVER **Margarine** Cubed Coldbrook 1-lb. Pkg. **49¢**
- SUPER SAVER **Gold'n Soft** Margarine 1-lb. Tub **79¢**
- SUPER SAVER **Buttermilk** Lucerne 1-Qt. Carton **55¢**
- SUPER SAVER **Yogurt** Lucerne Asst. (Also 6-oz. Gourmet) 3 8-oz. Cartons **$1**
- SUPER SAVER **Kraft Cheddar** Select-A-Size Medium 2-lb. Loaf **$3.99**

- SUPER SAVER **Apple Juice** SENECA Frozen 12-oz. Can **89¢**
- SUPER SAVER **Grape Juice** Bel-air Frozen 12-oz. Can **59¢**
- SUPER SAVER **French Fries** Bel-air Frozen 2-lb. Bag **89¢**
- SUPER SAVER **Lenders Bagels** Frozen 12-oz. Bag **69¢**
- SUPER SAVER **Bel-air Pizza** Frozen, Asst. Crispy Crust 10-oz. Pkg. **99¢**

Orange Juice

CITRUS HILL Frozen

SUPER SAVER 12-oz. Can **89¢**

- SUPER SAVER **Yuban Coffee** Ground 3-lb. Can **$7.99**
- SUPER SAVER **Town House Soup** Tomato or Vegetable 4 10.75-oz. Cans **$1**
- SUPER SAVER **Saltine Crackers** Busy Baker 1-lb. Pkg. **69¢**
- SUPER SAVER **Fried Chicken** Manor House Frozen 2-lb. Box **$1.99**
- SUPER SAVER **Tomato Sauce** Town House 3 15-oz. Cans **$1**
- SUPER SAVER **Dennison's Chili** And Beans 15-oz. Can **85¢**

SAVE 10¢

Chunk Tuna

EMPRESS Packed in Water

SUPER SAVER 6.5-oz. Can **59¢**

SAVE 80¢

Peanut Butter

ADAMS Old Fashioned

SUPER SAVER 36-oz. Jar **$2.99**

VARIETY DEPT.

- SUPER SAVER **Batteries** Duracell—2 pack C & D plus 1 pack 9 volt Each **$1.29**
- SUPER SAVER **Cold Capsules** CONTACT Package of 10 **$1.99**
- SUPER SAVER **Aqua-Fresh** Toothpaste 8.2-oz. Tube **$1.49**
- SUPER SAVER **New Freedom** Regular or Super Maxi Pads Pkg. of 30 **$2.99**

WINE AND BEER

- **Gallo** Chablis, Rhine, Pink Chablis, Hearty Burgundy 3-L Bottle **$4.89**
- **Paul Masson** Fr. Colombard Riesling, Chenin Blanc 1.5-L Bottle **$3.89**
- **French Rabbit** Red or White 2 750-ML Bottles **$5**
- **Rainier Beer** No Return 12 11-oz. Bottles **$4.29**

Pepsi, Diet Pepsi

Also Pepsi Light, Pepsi Free, Reg. or Diet and Mt. Dew

SUPER SAVER 6 12-oz. Cans **$1.59**

- SUPER SAVER **Purex Detergent** 147-oz. Box **$3.69**
- SUPER SAVER **Tasty Nuggets** Dry Dog Food Safeway 50-lb. Bag **$9.99**
- SUPER SAVER **Town House Chili** Reg. or Hot 2 15-oz. Cans **$1**
- SUPER SAVER **Pancake Mix** KRUSTEAZ 7-lb. Bag **$2.99**

- SUPER SAVER **Clorox Bleach** 1-Gal. Bottle **89¢**
- SUPER SAVER **Clorox Pre-Wash** 15-oz. Aerosol Can **$1.99**
- SUPER SAVER **Clorox 2** Dry Bleach 40-oz. Box **$1.79**
- SUPER SAVER **Glad Sandwich Bags** Pkg. of 150 **99¢**

Green Beans

Town House Cut or French Style

SUPER SAVER **3** 16-oz. Cns **$1**

Beef T-Bone Steak

U.S.D.A. Choice lb. **$2.99**

- **Sliced Bologna** Smok-A-Roma 1-lb. Pkg. **99¢**
- **Bacon, Sliced** Smok-A-Roma 1-lb. Pkg. **$1.49**
- **Pork Rib Chops** From 14 to 17-lb. Loins lb. **$1.59**
- **Pork Spareribs** Country Style lb. **$1.49**

Beef Top Sirloin Steak

Boneless Choice lb. **$2.79**

Lean Ground Beef

Any Size Package lb. **$1.39**

- **Fresh Fryer Breast** Washington Grown lb. **$2.19**
- **Fresh Fryer Thighs** Washington Grown lb. **$1.79**
- FRESH FRYER **Drumsticks** Wash. Grown lb. **$1.49**
- **Kippered Salmon Tips** lb. **99¢**

Fresh Whole Fryers

Washington Grown lb. **79¢**

Navel Oranges

California Seedless **5** -lb. Bag **$1**

- **No. 1 Bananas** lb. **35¢**
- **Broccoli** Sparkling Fresh Bunches lb. **69¢**
- **Cucumbers** Crisp and Crunchy 3 For **$1**
- **Kiwi Fruit** 5 For **$1**

Rome Beauty Apples

Extra Fancy lb. **39¢**

Fresh RED DELICIOUS Apples

Large Size No. 1 **5** lb. Bag **$1**

- **Yellow Onions** Walla Walla No. 1 5 -lb. Bag **$1.59**
- **Russet Potatoes** No. 1 10 -lb. Bag **$1.49**
- **California Avocados** 3 For **$1**
- **Head Lettuce** California Ice Berg Each **69¢**

Fresh Slicing Tomatoes

Florida 2-lb. Basket **98¢**

SAFEWAY BAKED GOODS

- SUPER SAVER **Sesame BUTTER & EGG Bread** Mrs. Wright's 24-oz. Loaf **99¢**
- SUPER SAVER **Super Soft Bread** Mrs. Wright's, White or Wheat 24-oz. Loaf **59¢**

TACOMA STORES ONLY

Prices effective Wednesday, January 4th thru Tuesday, January 10, 1984. Sales in retail quantities only.

SAFEWAY

AMERICA'S FAVORITE FOOD STORE

An Official Sponsor of the 1984 U.S. Olympic Team.